


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 2016		1 9:00am...Chair Yoga 10:00am...Knitting 10:00am...Beginners Bridge 10:00am...Line Dancing 11:30am...Shopping at Shaw's 12:30pm...Bridge	2 9:00am...Senior Strength I 10:00am...Senior Strength II 10:30am...Blood Pressure 1:00pm...Bingo	3 9:00am...Zumba Gold 9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga
6 9:00am...Chair Yoga 10:45am...Buster Clegg Event 12:30pm...Bridge 12:30pm...Mah Jongg 1:00pm...Alzheimer's Support 6:45pm...Duplicate Bridge	7 9:00am...Senior Strength I 10:00am...Senior Strength 10:00am...Meeting of the Minds 1:00pm...Fun and Games	8 9:00am...Chair Yoga 10:00am...Knitting 10:00am...Beginners Bridge 10:00am...Line Dancing 11:30am...Shopping at Shaw's 12:30pm...Bridge	9 9:00am...Senior Strength I 10:00am...Senior Strength II 10:00am...Computer Basics 10:30am...Blood Pressure 1:00pm...Bingo	10 9:00am...Zumba Gold 9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga
13 9:00am...Chair Yoga 12:30pm...Bridge 12:30pm...Mah Jongg 6:45pm...Duplicate Bridge	14 9:00am...Senior Strength I 10:00am...Senior Strength II 1:00pm...Bridge 1:00pm...Fun and Games	15 9:00am...Chair Yoga 10:00am...Knitting 10:00am...Beginners Bridge 10:00am...Line Dancing 11:30am...Shopping at Shaw's 12:30pm...Bridge	16 9:00am...Senior Strength I 10:00am...Senior Strength II 10:00am...Computer Basics 10:30am...Blood Pressure 1:00pm...Bingo	17 9:00am...Zumba Gold 9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga 1:00pm...Ice Cream Social
20 9:00am...Chair Yoga 9:15am...Matter of Balance 12:30pm...Bridge 12:30pm...Mah Jongg 6:45pm...Duplicate Bridge	21 9:00am...Senior Strength I 10:00am...Senior Strength II 10:00am...Meeting of the Minds 1:00pm...Fun and Games	22 9:00am...Chair Yoga 10:00am...Knitting 10:00am...Beginners Bridge 10:00am...Line Dancing 11:30am...Shopping at Shaw's 12:30pm...Bridge	23 9:00am...Senior Strength I 10:00am...Senior Strength II 10:00am...Computer Basics 10:30am...Blood Pressure 1:00pm...Bingo	24 9:00am...Zumba Gold 9:00am...Benefit Rep 10:00am...Scrabble Club 12:30pm...RIPTA 1:00pm...Yoga
27 9:00am...Chair Yoga 9:15am...Matter of Balance 12:30pm...Bridge 12:30pm...Mah Jongg 6:45pm...Duplicate Bridge	28 9:00am...Senior Strength I 10:00am...Senior Strength II 1:00pm...Bridge 1:00pm...Fun and Games	29 9:00am...Chair Yoga 10:00am...Knitting 10:00am...Beginners Bridge 10:00am...Line Dancing 11:30am...Shopping at Shaw's 12:30pm...Bridge	30 9:00am...Senior Strength I 10:00am...Senior Strength II 10:30am...Blood Pressure 1:00pm...Bingo	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
<div>JUNE 2016</div>		<div>1 Vegetable Soup</div> <div>Low Sodium Hot Dog on Bun</div> <div>Mac and Cheese</div> <div>Tomato Half</div> <div>Hoodsie Cup</div> <div>(Turkey Salad on Hot Dog Bun)</div>	<div>2 Turkey and Rice Soup</div> <div>Chicken Cacciatore</div> <div>Roasted Potatoes</div> <div>Broccoli Cuts</div> <div>Pudding</div> <div>(Italian Tuna on Marble)</div>	<div>3 Tomato and Orzo Soup</div> <div>Beef Stroganoff</div> <div>Buttered Noodles</div> <div>Baby Whole Carrots</div> <div>Fresh Fruit</div> <div>(Seafood Salad on a Roll)</div>		
		<div>6 Beef Soup</div> <div>Fried Chicken Steak with Gravy</div> <div>Mashed Potatoes</div> <div>Garlic Spinach</div> <div>Sugar Cookies</div> <div>(Egg Salad on Rye)</div>	<div>7 Brunch</div> <div>Orange Juice</div> <div>Ham Slice</div> <div>French Toast Sticks</div> <div>Hard Boiled Egg</div> <div>Fresh Fruit Cup</div>	<div>8 Moroccan Lentil Soup</div> <div>Grilled Chicken</div> <div>Pasta Primavera</div> <div>Side Salad</div> <div>Lorna Dune Cookies</div> <div>(Hot Dog on a Bun)</div>	<div>9 Chicken Soup</div> <div>Sloppy Joe on a Bun</div> <div>Potato Puffs</div> <div>Cole Slaw</div> <div>Ice Cream Sandwich</div> <div>(Chicken Salad on a Bun)</div>	<div>10 Red Chowder</div> <div>Stuffed Sole</div> <div>Mashed Potatoes</div> <div>4-Bean Salad</div> <div>Fresh Fruit</div> <div>(Sliced Turkey on Wheat)</div>
		<div>13 Onion Soup with Croutons</div> <div>Beef Wellington</div> <div>Peas and Carrots</div> <div>Chocolate Chip Cookies</div> <div>(Corned Beef with Swiss on Rye)</div>	<div>14 Vegetable Chowder</div> <div>Chicken Cordon Bleu with Gravy</div> <div>White Rice</div> <div>Broccoli</div> <div>Blueberry Coffee Cake</div> <div>(Tuna Salad on Wheat)</div>	<div>15 Split Pea Soup</div> <div>Antipasto Salad with Assorted Meats and Cheese</div> <div>Cantaloupe Slice</div> <div>(Roast Beef/Cheese on Croissant)</div>	<div>16 Minestrone Soup</div> <div>Meatballs with Sauce</div> <div>Peppers and Onions</div> <div>Sliced Seasoned Potatoes</div> <div>Frosted Cupcake</div> <div>(Egg Salad on Italian Bread)</div>	<div>17 Pasta and Bean Soup</div> <div>Pot Roast with Gravy</div> <div>Mashed Potatoes</div> <div>Seasoned Green Beans</div> <div>Spumoni Ice Cream</div> <div>(Seafood Salad on Wheat)</div>
		<div>20 Lemonade</div> <div>Hamburger on a Bun</div> <div>Corn</div> <div>Cabbage Slaw</div> <div>Sports Bar</div> <div>(Turkey and Cheese on a Bun)</div>	<div>21 Italian Wedding Soup</div> <div>Roast Turkey with Gravy</div> <div>Stuffing</div> <div>Sliced Carrots</div> <div>Angel Food Cake</div> <div>(Ham & Cheese on Pumpernickel)</div>	<div>22 Chili Soup</div> <div>BBQ Chicken Leg Quarter</div> <div>Corn Bread</div> <div>Tomato Cucumber Salad</div> <div>Jello</div> <div>(Eggplant Grinder)</div>	<div>23 Potato Leek Soup</div> <div>French Meat Pie</div> <div>Brussel Sprouts</div> <div>Sliced Pears</div> <div>Wheat Dinner Roll</div> <div>(Salmon Salad on Wheat)</div>	<div>24 Egg Drop Soup</div> <div>Seafood Chow Mein</div> <div>Crunchy Noodles</div> <div>Asian Blend Vegetables</div> <div>Seasonal Melon</div> <div>(Hamburger on a Bun)</div>
<div>27 Chicken Soup</div> <div>Breaded Pork Chop</div> <div>Sweet Mashed Potatoes</div> <div>Capri Blend Vegetables</div> <div>Chocolate Pudding</div> <div>(Tuna Salad on Oatmeal Bread)</div>	<div>28 Cream of Broccoli Soup</div> <div>Knockwurst with Mustard</div> <div>Boiled Potatoes</div> <div>California Blend Vegetables</div> <div>Fresh Fruit</div> <div>(Meatloaf on Wheat)</div>	<div>29 Venus de Milo Soup</div> <div>Shepherds Pie</div> <div>Sliced Carrots</div> <div>Fruit Cocktail</div> <div>(Italian Grinder)</div>	<div>30 Pasta and Bean Soup</div> <div>Baked Fish</div> <div>Rice Pilaf</div> <div>Green Beans</div> <div>Coffee Cake</div> <div>(Chicken Salad on Marble)</div>	<div>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens!</div>		